

“He put my mind at rest, acted swiftly to alleviate the pain and ultimately addressed the damage to my jaw...”

For as long as I can remember I have had a clicking jaw but one morning in April 2011, I woke up experiencing unimaginable pain, I could not open my mouth, my jaw was fixed. I arranged an emergency appointment with my dentist, Jean Bush, a South African who unbeknownst to me had knowledge of TMJD and whilst in the UK training, her former practice had Patrick working with them one day per week.

As soon as she had examined me she knew that the one person in London who would be able to treat me was Patrick Grossmann Jean was able to refer me to Patrick and arrange an appointment

I waited one uncomfortable week to see Patrick, who after examination and discussion diagnosed me with TMJD. He sent me for an MRI scan and it was clear to him that the disc on the left side of my jaw had dislodged. This explained the clicking and why I could ultimately not open my mouth. The symptoms were possibly from a jaw trauma in childhood that had not been recognised at the time.

Patrick fitted me with a mouth splint, which gave me instant relief. 6 months later I underwent a minor surgical procedure as an outpatient, which involved repositioning the displaced disc to its correct anatomical position. One year after surgery I was fitted with braces to correct my bite, which had been severely compromised by the displaced disc. I completed the treatment in October 2013 and am now pain free

Jean’s knowledge of TMJD & subsequent referral to Patrick was extremely fortuitous. I am fortunate to have been in such professional hands from start to finish.

Anonymous, 63 Years Old